Request from Nagano City

As we head into the end of the fiscal year, the number of new COVID-19 cases is increasing. Please enforce the 3 measures below to prevent the spread of infection.

COVID-19 is transferred through droplets in the air. <u>Always wear a mask when talking with</u> <u>others, even during meals.</u>

Droplets can also end up on your hands, so <u>thoroughly wash your hands and use hand</u> <u>sanitizer often.</u>

If you have a fever or sore throat, <u>avoid going</u> outside and see a doctor as soon as possible.







Nagano City COVID-19 Countermeasures Headquarters